



Mystic River Yacht Club

Distance Challenge

Pursuit Start!

May 30, 2009

COURSE: This race is intended to challenge crew, navigators and tacticians on all points of sail. Starting will begin at 0800 on a reverse start basis with each boat starting on her own time. Both start and finish are in the vicinity of Sea Flower Reef at the eastern end of Long Island Sound immediately north of Race Rock. The course, which may be reversed, will be selected from the following based on prevailing conditions;

- Sea Flower to the Race then on to Montauk Racon 5, back through Watch Hill Passage and then return to Sea Flower. (50 miles)
- Sea Flower to the Race then to Cerebus Shoals. From there to Southwest Ledge then to Watch Hill Passage. Return to Sea Flower. (50 miles)
- Sea Flower to Plum Gut and then around Shelter Island, back through Plum Gut and return to Sea Flower. (55 miles)
- Sea Flower to Goose Island, then through Plum Gut. Back through the Race to return to Sea Flower. (61 miles)
- Sea Flower out Watch Hill Passage to Southwest Ledge then over to Plum Gut (Plum Island to starboard) then return to Sea Flower. (63 miles)
- Sea Flower to Stratford Shoals and return to Sea Flower. (100 miles)

ELIGIBILITY: Each mono-hull shall hold a valid ECSA PHRF certificate; each multi-hull must hold a valid NEMA certificate. All boats should meet the Category B Minimum Equipment & Safety Recommendations of the ECSA.

ENTRY: Entries must be made on an Official Entry Form completed, signed by the Owner or a Representative and received by the Mystic River Yacht Club *no later than May 27, 2009*. The Entry Form must be accompanied by a valid PHRF (ECSA) Certificate (mono-hulls) or valid NEMA certificate (multi-hulls) and the entry fee of \$65. Make checks payable to Mystic River Yacht Club.

DIVISIONS and CLASSES: PHRF Spinnaker, PHRF Non-Spinnaker, PHRF Double-Handed, and NEMA Multi-hull Divisions. One Design and Special Classes are conditional on 4 or more one-design boats entering the race. Non-Spinnaker Classes must have four or more entries. Classes will be formed under the Divisions based upon the number of entries. Classes will be combined to ensure being scored by ECSA.

TIME ALLOWANCES: The course and starting times will be announced at the Skipper's Meeting.

SAILING INSTRUCTIONS: This event will be governed the Racing Rules of Sailing 2009-2012, COLREGS, and the Sailing instructions available at www.mysticriveryachtclub.com on May 27, 2009.

AWARDS: Racon 5 Trophy - PHRF. Cerebus Shoal Trophy - PHRF Non-Spinnaker. Southwest Ledge Trophy - Double Handed. Plum Gut Trophy - Multihull.

ENTERTAINMENT: Friday Night Skippers Meeting and Party 6PM. Awards 1000 hours on Sunday, May 31st at Mystic River Yacht Club, Mystic, CT.

ADDITIONAL INFORMATION: Visit our website at www.mysticriveryachtclub.com for more information about the race, including resources available for docking or mooring boats prior to or after the race. Alternatively, email Mike Cavanaugh mdcavanaugh@comcast.net or call 860-572-8675.